

Any of these sound familiar when it comes to your bathroom habits?

- I spend more time in the bathroom than I'd like.
- I go less than 3 times per week.
- It's straining trying to go.
- I never feel like I fully go.

You don't have to live with constipation.

Spend less time in the bathroom by talking to your doctor today.

A simple 15 minute procedure can be done right here in our office.

